



CARDINAL CAFE WEEKLY MENU



Nutrition Facts: **Leafy Greens** are an excellent source of Vitamin K, which helps stop cuts and scrapes from bleeding too much.

BREAKFAST

Mon. April 22, 2024
Lumberjack & Syrup
Donut or Pastry
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Tues. April 23, 2024
Scrambled Eggs & Mini Loaf
Donut or Pastry
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Wed. April 24, 2024 (starts @ 8:30)
Cinnamon Roll or Caramel Roll
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Thurs. April 25, 2024
French Toast & Syrup
Cinnamon Roll
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Fri. April 26, 2024
Breakfast Burrito with Salsa
Donut or Pastry
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

LUNCH

Mon. April 22, 2024
A. **CHICKEN NUGGETS + BLUEBERRY MUFFIN**
B. **GRAB'N'GO CHOICES AVAILABLE**
BUTTERED CORN
ROMAINE SALAD OR CELERY STICKS
DICED PEACHES

Tues. April 23, 2024
A. **BREADED PORK CHOP**
B. **GRAB'N'GO CHOICES AVAILABLE**
DINNER ROLL WITH BUTTER
WHIPPED POTATO + GRAVY
FRESH SNOW PEAS
SEASONAL FRESH FRUIT

Wed. April 24, 2024
A. **SLOPPY JOES ON A BUN**
B. **GRAB'N'GO CHOICES AVAILABLE**
CHEDDAR BREAD WITH BUTTER
PEAS + CARROTS
FRESH CAULIFLOWER
APRICOTS

Thurs. April 25, 2024
A. **CAVATINI WITH GARLIC BREAD**
B. **YOGURT PARFAIT**
LEAFY GREEN SALAD
SEASONED KIDNEY BEANS / BABY CARROTS
APPLE SLICES WITH CARAMEL DIP

Fri. April 26, 2024
A. **CHICKEN BACON RANCH FLATBREAD PIZZA**
B. **GRAB'N'GO CHOICES AVAILABLE**
SEASONED GREEN BEANS
PINEAPPLE TIDBITS

Harvest of
the Month
Leafy Greens



Vending Available 24/7

Each Meal Includes Choice of Milk. Water available daily.
This institution is an equal opportunity employer and provider.
Menu is subject to change based on shortages / seasonal availability.